A Message from the President

Greetings,

In our last newsletter, I shared with you my thoughts regarding what our organization’s slogan, “The right care. Right now.” means to each of the audiences we serve. For our patients, this slogan spoke to, among other things, the wonderful caring and support that we provide to help them succeed and attain their personal goals. Another way of referring to this process is “the patient experience.”

Having provided care to patients in their home environments for over 131 years, we have come to realize that it’s not only what we do for our patients that will help them to succeed, but also how we do it. The totality of the patient experience matters.

We view our patients as partners in this process and strive to engage with them in a way that is individualized and takes into account, not only their clinical needs, but also their entire lifestyle and the resources they have to help them enjoy life.

This is an aspect of VNA of Greater Philadelphia that we feel truly sets us apart.

As an independent, non-profit, mission driven organization, we are committed to investing in new technology, clinical specialties, continuing clinical education and even safety-net funds to help ensure that every patient has the best chance to succeed. This is the difference between typical home health care and the VNA Philadelphia way of providing caring services that we believe makes the most positive impact on the lives of our patients.

To that end, I am pleased to announce that we will initiate several programs during the fiscal year ending June 30, 2018 that will focus on improving our quality outcomes as well as our patient satisfaction with our services. This includes the resources to bring in expert organizations to guide us in training our staff in the latest techniques for connecting with patients in a humanistic, satisfying and productive manner as well as clinical improvements to further improve our already great services. Our goal is to continuously improve in everything we do. Please let us know your suggestions for improvement.

We look forward to continuing to adapt how we craft our patient experiences as we treat them, coach them and help them navigate through the many challenges they face in their complex healthcare journey.

We are grateful to all of those who support us in this endeavor. Thank you.

Sincerely,

Walter W. Borginis, III
President and CEO

A Note to Our Donors: You Make a Difference!

So much of everything we do to take care of people is because of your generosity. We are grateful beyond words for our donors.

Every day, we receive your gifts in the mail or online at our website www.vnaphilly.org. Many of your donations include a note about why you were moved to give a gift. In memory of a friend or a family member; in honor of a nurse or other care provider who took such good care of you or a loved one; your words are moving and your actions are life changing.

You helped buy new flooring in our hospice unit, you helped purchase the new bags for our clinicians, you enabled us to provide music, massage, and pet therapy to our patients. Your investment in our Agency is making a difference in our community and in people’s lives.

Why do we need your financial help? Contrary to what some people think, we aren’t funded by the City of Philadelphia, insurance doesn’t always pay all of our costs, and we treat patients who aren’t able to pay us. We’re a charity. And you make an impact.
Where did you go to nursing school?
I started my nursing career as an LPN. I graduated from the Sacred Heart Hospital in Norristown’s program. I got Straight As because I liked all of the classes so much! Before that, in high school, I was a Candy Striper at Abington Hospital. It was near the Willow Grove Naval Air Station and one day there had been a big plane crash. My very first assignment was on the Men’s Ward in the hospital. There I was, 16 years old and in my red and white pinafore and white sneakers and it was my job to feed the men on the ward who had been burned in the plane crash. I really loved it. I really felt like I was helping them. And I feel like they liked me, too.

Later I went on to Gwynedd Mercy for my Associate, Bachelors, and Masters degrees. I have never regretted becoming a nurse and home care (where I started) was the best kind of nursing I could do. I made my first home visit in 1972 and at that time, there were no home-health aides; the nurse was responsible for all of her patient’s care. There was a skilled-nursing component to it, but I also gave bed baths to patients. You really became close to your patients and almost became like part of the family. You’d go in the house to make the home visit and you’d come out with a bag of tomatoes from the garden! It was very special.

What else have you done in your career?
I’ve started a home-health program for Montgomery Hospital. Pottstown Hospital also called me their home-health program and I stayed there a few years. I also started Sterling Home Health care in partnership with the doctors of a huge family practice. I saw patients and ran the agency, it was great. Then the rules about doctors being able to own agencies changed and that program ended. I became a marketer for Caring Hospice. And now I’ve been with the VNA for 15 years.

What would you say to someone considering a career in nursing?
That it’s the best profession ever if you really care about people and really want to make a difference. There’s a lot of job satisfaction. You can make it a real positive experience for a patient and the family. I’ve been doing it for 52 years. There’s a lot of autonomy when you’re a home-health nurse, you really get to practice what you learn in school because there’s no one else to rely on, it’s just you with the patient. I loved that every day was different. You never knew what was going to happen. It was a new adventure every day.

What is your philosophy on leadership?
I like to be able to help people learn how they can do their job. I want to give them the information and the tools they need then let them alone. I like to foster independence and creativity; I don’t want to dictate how people should do things. I like sharing information and helping people understand why things are the way they are. I believe in open communication. Leading by example is important, too. The staff knows that there isn’t a job that I wouldn’t do and I think they respect that. They know that I understand their job.

What are your guiding principles?
Always do the right thing. Keep communication open. Make people feel valued and that they are an important part of the organization.

What words of advice do you have for your successor?
Keep an open mind. Develop relationships with the staff and help be there for them with difficult patients. Get out in the community and get to know the referral sources and other people who want to use our services. They need to know the agency’s leadership. It’s important for them to have that comfort level.

What does retirement look like for you? What’s next?
I want to work on getting my husband’s health better. Hopefully we can go to Florida for the winter. I want to putter around the house, I like to garden. I’d like to take a walk every day. And of course, spend more time with my grandchildren and visit more often with friends and family.
On Thursday, May 18, four members of the Philadelphia Threshold Choir volunteered their time to come visit with some of our patients and their families in our Inpatient Unit. Their mission is to bring beautiful music to those who are sick and dying as well as their families so that they may be put at ease during this difficult time. These four singers definitely held true to that mission. The four women went from door to door in the Inpatient Unit to visit with as many patients as possible. We hope these visits from the choir will be recurring in the future so that they can continue to bring peace and comfort to our patients and their loved ones.

We have the most caring and compassionate team in the world. It’s the VNA Philadelphia difference. Clinicians, Social Workers, Chaplains, Aides, Bereavement Specialists all work together to take care of our patients and their families. One family of a woman who had been one of our hospice patients wanted to express their gratitude for the phenomenal care their loved one received. They brought lunch in for the entire team. The little memorial votive candles were given to everyone as well.

On Thursday, April 27, our Vice President of Information Technology, Brian Sharkoski, hosted a Latin Night third-party fundraiser for VNA Philadelphia’s hospice program.

The evening started with a salsa lesson for everyone! Our instructor was Brian’s sister, Tiffany. Latin music played all evening long and everyone had a fun time. The event raised nearly $1,000!
Dr. Savinese is our hospice Medical Director and leads our palliative care programs at Temple University and Hahnemann University Hospital.

**How do you feel about being named a Top Doc again by Philadelphia magazine?**

Well, it’s not something you look for to happen but it’s fun when it happens to you.

**What makes a good doctor?**

I think it’s a couple things. You really have to be able to remember things well. People are trusting you to have a sound foundation of medical knowledge. But really caring about what happens to people is equally important. No one wants a dumb doctor but no one wants an aloof one either.

**Is this something that can be taught in med school or is it intrinsic?**

Both. Having a predilection to be this way is helpful but there are definitely things you can learn.

**Who was your favorite professor in med school and why?**

Dr. Wisely. He became a surgeon but he started out in family medicine. He was always very happy when his students went into family medicine before choosing a specialty. Family medicine is really the backbone of all medicine and if you don’t experience it, you miss out on learning a lot of things people experience (before they come to you as a specialist).

**Who are the influences in your life and career?**

Hmmm. Mother Teresa. Also, I do best when I’m around young doctors, residents. The ones at Temple now are just so smart and so dedicated...they really keep you on your toes. You have to stay fresh with them, you can’t be stale. I’m really happy about the future of medicine when I see them. They are a great inspiration.

**When you look at a student, what do you look for, what do you know will make them stand out?**

Well, the selection process involved in med school makes you know they are already able to do the work. I look at how do they interact with people, are they comfortable talking about important things? Because that trust with a patient and family is so important.

**How do you handle “constructive criticism” when a student doesn’t really handle something so well?**

I never do it in public, but I will take a student aside and say something like “how do you think that went? Did we do a good job with that situation?” Usually the student knows. The one thing I can’t let slip is when I hear a student use the old terminology that hospice is “withdrawing care.” No one wants to withdraw care from their loved one. You have to tell the family—that you are focusing all of your energy on comfort for their loved one. This is very difficult, you have to make sure they trust you. I ask family members “what would your loved one want in this moment of their illness?” It’s not the same question as “what do you want us to do to your loved one” because the family never wants to lose their loved one.

**What is your role in the emotions of family members?**

Well, we’re not involved in easy things. I really try to listen. When they are describing their emotions to you, they are usually telling you the answer why they are overly emotional because there is usually a reason. Maybe they weren’t around too much in their loved one’s lifetime. I just let them blow off a little steam. They’ll tell you what is really going on and I’ll say “I hear you.” I try to validate them and then say something like “how do we move forward now?” Again, you have to have details that you know about your patient. If the family knows that you know your patient, there is more trust. I also always try to stay calm and not get ruffled when people are upset.
So, in the past few minutes that we’ve been talking, you’ve used the word “trust” a number of times. Tell me what trust means to you.

People decide very quickly if they are going to trust someone or not. I always look them in the eye, shake hands, and give them my business card when I meet them. I ask if now is a good time for me to have a conversation with them. They, the patients and their families appreciate hearing advice and knowledge in a way they can understand. People need to feel like you are helping them through this.

Are there days when you are in the hospital and really just need to take a breath and re-center yourself?

Sure, everyone does. I’m very fortunate because I work with a really good team. We meet every morning to talk about everything we have going on, we almost always all eat lunch together and we get together again at the end of each day. There’s a lot of camaraderie on our interdisciplinary team. We can tell when a team member needs extra support and they get it. We’re a pretty high functioning group of people.

So what do you do for fun, how do you unwind?

Walking. I probably walk 5 to 7 miles a day while listening to music. It might mean tuning out or honing in on things. I also enjoy projects around the house. I live in a 125 year old house and I enjoy doing electrical work, carpentry, and plumbing. Tile work is my favorite. My wife and I are also finishing up on renovating my mother-in-law’s house. It’s a lot of fun. I also beat on cars a little. I have a 1993 Honda Del Sol convertible and that’s a lot of fun, too.

What techniques do you use to make every single patient and family you have think that they are the only ones in the world and that they have your undivided attention?

It takes a lot of practice. You only get 15 minutes to take care of everything you need to in primary care where I started out. It’s a learned skill not to be thinking of the next thing. You have to focus on your patient and the family. You can’t appear to be hurried or distracted because then you’re toast and they will lose trust in you. You have to have done your homework on your patient because the conversations must be done in a meaningful way.

How do you respond to people when they say things like “oh, I could never do your job”?

Yes, I get “isn’t your job depressing?” a lot. I tell them that palliative care is very rewarding. I’m helping people understand that there might be a better way than just plowing forward with their current treatment. It’s rescuing people from the ravages of medical science. In hospice, I help people manage their symptoms. I help with understanding and assistance for the people left behind. I’m innately suited to this. I never ran from a bad diagnosis. In a calm and reassuring way, I want to be helpful in ensuring acceptance.

Do you ever want to tell a doctor, say an oncologist, to let go of a patient and let them go to hospice?

Well, I’d never say it like that, but sometimes oncologists, for example have a “do, do, do, keep going sort of mindset.” And it’s not always the right thing. It’s important for the doctors we work with to know that we’re here to help them, not railroad them or their patients. We’re here to help with symptom management and to make sure patients and families understand their illness and the potential treatments. We’re not there to change the course of things. We may talk about the benefit vs burden question when each new chemo treatment becomes more toxic and less effective than the prior line. It’s important for trust to develop between co-workers so that they know when they call us we are here to help.

What message would you like to send to everyone reading this article?

That this agency is a stellar provider of end of life care. Our treatment teams are truly interdisciplinary and that patients always come first. I think the fact that we’re a nonprofit is important too. It’s very satisfying to work here because patients really do come first.
Our Yo! Philly! Compassionate Care Employee Campaign kicked off Monday, June 12th and ran to Friday June 16th. The campaign is a fun way for employees to help with fundraising by taking part in special events like bake sales, hot dog day, hoagie day, and game day! This brings money into the Patient and Caregivers Assistance Fund, which is primarily staff funded, and the Hospice/IPU Renovations Campaign. The Patient and Caregivers Assistance Fund is there to support our patients and their families and provide them with essentials that are not covered by insurance. It can include anything from providing patients with a shower chair to helping out with a bill for a month. The Hospice/IPU Renovations Campaign is to provide funding for the restoration of the unit. This year we raised over $10K!

On Wednesday, April 26, our Hospice Chaplains and Social Workers led the semiannual Bereavement Program for our families who have lost a loved one.

In addition to the special readings, the evening also included giving each family an origami crane as a keepsake. Each crane was hand made by our staff members or our volunteers. The crane is a symbol of hope and healing during challenging times.

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The VNA Philadelphia’s Women’s Initiative continued its successful event series in April. The topic was Integrative Nutrition and our speaker was Margi Wallace.

The program featured practical tips, advice, and best practices on health management for women; and a discussion on what healthcare issues affect women the most and making healthy nutrition choices for women who are always on the run.

Careful and thoughtful health management is important for women and their families; Margi answered all of our attendees’ questions and our guests also had time to network for social and business opportunities.

Our host for the luncheon was our sponsor, Beneficial Bank.

If you are interested in joining us at the next Women’s Initiative, or wish to host an event, please contact Maureen Murphy by phone at (215)-581-2006 or by email at mmurphy@vnaphilly.org.
On Saturday, June 24th, our Community Celebration of Life and Seventh Annual Butterfly Release took place. The butterfly is a universal symbol of hope, and in many cultures it is a representation of the soul. Families of our hospice patients (and others) purchased butterflies in memory, or in honor of, their loved ones. All proceeds were donated to our Hospice Programs.

The event, which was created to be a comfort to grieving families and to give them a feeling of peace and transformation for their loved ones, began with a beautiful and very moving ceremony inside the building. The program included special readings by our chaplain, The Rev. Donna Geiger and our Bereavement Coordinator, Zachary Adams. Our special guest emcee was Solomon Jones, an award-winning author/commentator and also the morning host for WURD 900 AM radio. Solomon read the names of all of the deceased with great respect and dignity. Family members told us afterwards how good it was to hear the name of their loved one spoken.

As we all went outside, we were handed a little, triangle-shaped envelope. Each envelope contained a fragile, painted-lady butterfly that we were about to release. The butterflies actually come from a butterfly nursery in New England. Before they began their journey to Philadelphia, the butterflies were put into a deep refrigerated state. When they arrived here, they were gently returned to room temperature and readied for release.

After following careful instructions on how to hold them gently and how to release them safely, everyone opened their envelope. After taking a moment to get acclimated, the butterflies fluttered their wings and flew skyward. All of the participants watched with joy and amazement as hundreds of butterflies swirled and flew into the beautiful, blue sky above.

The Junior Color Guard from Coatesville High School, which was there to honor the veterans in our care, escorted everyone from the Butterfly Release ceremony over to our inaugural Community Celebration of Life. Members of our local community were also there for the festive event.

The fun included crafts and face painting for kids, a DJ for entertainment, and refreshments included water ice, pretzels, Cabot cheese, popcorn, and cotton candy. Local agencies and businesses were also in attendance, including the Philadelphia Zoo, The Center for Grieving Children, Rawk U School of Music, Sankhya Yoga School and Wellness Center, Brown’s Shop Rite Fox Street, East Falls Village, and WURD 900 AM Radio.

We are grateful to everyone who took part in this special day and especially our colleagues and volunteers who helped make everything go smoothly. We are also most grateful to our event sponsors which included Fox Rothschild, LLP, BlackTree Health Care Consulting, Beneficial Bank, Walter and Joan Borginis and Coho Partners, Ltd. who made this such a success for our Hospice Programs.
We have a longstanding tradition of serving veterans. In fact, our Inpatient Hospice Unit was the first in the city to earn a first and eventually a fourth star, the highest rating achieved from the We Honor Veterans Appreciation Program. In partnership with the Department of Veterans Affairs and the National Hospice and Palliative Care Organization, the program has been meeting the special needs of veterans through:

- **Staff training and development in post-traumatic stress syndrome and other issues**
- **Coordination with the VA to identify all available benefits**
- **VNA-designed Resource Guide that explains services in the community for patients and their families**
- **Pairing a volunteer who is a veteran with a veteran hospice patient for visitation, companionship, and emotional support**
- **Holiday cards sent to the veterans and their families**
- **Presentation of a certificate of appreciation and a U.S. flag pin**
- **Acknowledgement during a semi-annual memorial service after hospice ends**
- **Participation in forums to educate the community about end-of-life-care for veterans**

A number of our staff members have served in the military, including Bob Haley, USMC, who is our Veterans Liaison. As Bob says, “we want to be the go-to for veterans’ end of life care and to be a resource in the community.” Bob networks and builds relationships throughout our community letting everyone know about our special programs for veterans. Bob also can help patients and families with any needs concerning military service. It’s the above and beyond that people can expect from VNA Philadelphia.

We recognize the gift veterans have given to us and our country and they deserve the very best care we can provide! If you know of a veteran who needs our help, please contact Craig Hindman, Director of Clinical Services by email at chindman@vnaphilly.org, or by phone at (215)581-2054.

**MAKING A DIFFERENCE**

Volunteers Adam Ouanes (left) and Anita Williams (right)

We celebrated our amazing volunteers at the Volunteer Appreciation Dinner on April 25. Volunteers are such a great help to the agency and deserve to be recognized for the work they do.

Top Picture: Robert Rabinowitz  
Bottom Picture: Donna Wynn, B.J. Livingston, Lori Collins, Sandy Sanders
Incontinence is a distressing and unpleasant symptom, which often carries an emotional burden of shame or embarrassment for the individual. Incontinence has a significant economic impact on society. Did you know that 50.9% of people 65 and over have a problem with urinary continence? VNA Philadelphia has a program dedicated to the problem. Continence Nurses provides expert care to patients with urinary and/or fecal incontinence by conducting a focused assessment, performing physical examination, synthesizing data, developing a plan of care and evaluating interventions. The role includes, but is not limited to serving as an expert clinician, consultant and educator. Continence nursing management is based on an in-depth knowledge of normal voiding and defecation physiology, common alterations in bowel/bladder function and their sequelae, and a basic understanding of common diagnostic studies.

Our Continence Program has not only impacted our patients and caregivers it also has reduced the risks that often leads to hospitalizations (falls, wounds from skin breakdown due to incontinence).

Our continence nurses can help patients and caregivers, we are here to help!

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“The Cookie Lady” Volunteer

Daria Panichas has been a Hospice of Philadelphia Volunteer for 5 years. She visits patients in their homes, but for the past 2+ years she has won the hearts of office staff and Inpatient Unit patients, families, and staff by coming in once a week to bake cookies from scratch in the IPU kitchen, then deliver them to patients and staff. She is affectionately known as “The Cookie Lady.”

What brought you to VNA Hospice as a Volunteer?

I met (VNA Social Worker) Tally Malik at a poetry reading. We began talking and I found out she worked for a hospice and had very positive things to share about the VNA. I’d been a social worker at Boston Hospitals and had experienced patients on hospice. It was a comfortable “space” for me, and I’d been looking for a hospice to volunteer with.

What is your favorite part about being a volunteer?

Meeting people from all different backgrounds and walks of life. I love the diversity of it! I’m meeting people I probably wouldn’t have met otherwise. I also enjoy interacting with staff via the cookies, and getting to see all that happens behind the scenes to make everything work well.

What do you like to do in your free time?

I like to draw, sew, I am learning photography and taking Spanish lessons. I live close to Fairmount Park, so I’m outside a lot with my husband and dog (a standard poodle).

What advice would you have for a new Volunteer? What do you know NOW that you wish you’d known when you first started as a VNA Hospice of Philadelphia Volunteer?

Don’t worry about having the “right answer” or the “perfect” thing to say. Frequently you won’t know what to say – so focus on really listening, asking questions and validating what they are saying. Otherwise you might miss what they are trying to say. One time I was with a man that started to cry as he spoke. I said, “Are you crying because you’re sad about something?” And he said, “No. I’m crying because I’ve had a great life!” I would have assumed something different if I hadn’t asked him. I would suggest reading about death and dying to help understand what’s going on, and to help become a better volunteer.

What is something you would like us to know about you?

I never baked until this! (Editor’s note: Daria answered an "ad" in our Volunteer newsletter asking for someone to come and bake cookies in our Inpatient Unit) I’ve had fun experimenting with different ingredients, but I still don’t bake at home!
By Michele Palamountain, RN, MA

Recently, I had the opportunity to attend the awards ceremony for one of our hospice nurses. It was a wonderful event and the award was given to her for going above and beyond in her responsibility to ensure the well being of some of the most vulnerable members of our community.

SPIN is a nonprofit organization founded in 1970 to provide the highest quality services to people of all ages with autism and intellectual/developmental disability. SPIN maintains a partnership with VNA Philadelphia hospice services to provide support to many individuals who are also coping with serious illness. SPIN worked closely with Lois Navrincean, RN, whose role it is to oversee and coordinate patient care as a nurse specializing in hospice. Lois helps those she supports, their loved ones, and SPIN staff to live life as fully as possible during a difficult time, where many people easily lose hope. Her individualized support leads to achieving the best quality of life through comfort care and offering choices regarding needs and likes, treatment options, activities and values. Even her cheerful “hello” greets everyone and encourages joyful activities to continue.

Lois’ well rounded approach includes the housemates in group home situations, the residents’ loved ones, and full support team of caregivers. Because of Lois’ detailed, hands on training and caring approach, SPIN staff feels that they provide the highest quality support during the most difficult times. She is so encouraging and motivating that SPIN staff become more confident in their own skills. She does all of this in a calm manner and with great compassion and a very funny sense of humor.

Lois has an excellent relationship with primary care physicians. She is the catalyst in providing the coordination of care with medical providers. Physicians have expressed their gratitude for the exceptional work she does.

“Phenomenal,” “amazing,” and “exceptional” are just a few words that describe Lois. She has the ability to be caring and compassionate, to listen in time of stress and illness and to offer respect and dignity to individuals, families, as well as the whole team. Lois is outcome focused and through her dedication, diligence, expertise, and long hours of training and follow through, she has become an integral part of providing incredible support to the entire SPIN community.

We are all delighted and proud to call her our colleague!
TRUSTEES PROFILE/VNA NEWS

We are delighted to announce that three new members of our Board of Trustees have been elected at its June meeting.

BARBARA COHEN

Barbara Cohen is a long time supporter of VNA Philadelphia and is very involved in her community. Mrs. Cohen’s husband received care under our hospice program so she knows first-hand the compassionate care our extraordinary clinicians provide. Upon Dr. Cohen’s death, Mrs. Cohen established the Sarle Cohen Fund in his memory. The fund supports the free care we provide to hospice patients.

JOANN K. ERB, PhD, RN

Joann K. Erb, PhD, RN is the Assistant Professor, Frances M. Maguire School of Nursing and Health Professionals/Gwynedd Mercy. Dr. Erb is herself a former visiting nurse and knows our work very well. She was recommended as a candidate by our EVP of Hospice, Jane Feinman.

JULIE A. FAIRMAN, PhD, RN, FAAN

Julie A. Fairman, PhD, RN, FAAN, is the Professor, tenured, University of Pennsylvania School of Nursing, the endowed Chair of Biobehavioral Health Sciences Department, and Co-Director, Future of Nursing Scholars Program, Robert Wood Johnson Foundation. She brings an extensive knowledge of nursing to the VNA.

VNA CELEBRATES GARDENIA CIRCLE DONORS

On Thursday, May 11, our Gardenia Circle donors, who donated over $1,000 annually, were celebrated with a gratitude program and cocktail party that was held at the beautiful Merion Cricket Club. Liz Bligan, our Chair of the Board of Trustees, shared the very moving story of one of our hospice patients and his family. It was a powerful reminder of the impact our clinicians make every single day. We are thankful for our donors and are most appreciative of their generosity, which allows the VNA to enhance the overall patient experience.
Like us on Facebook and
Follow us on Twitter!

How does using social media help us? Lots of ways! Mostly it helps people make decisions about choosing to use our agency for their health-care needs for their loved one. The better they get to know us, the more they understand that it’s our compassionate care that makes the VNA difference! We want everyone to receive our care when they need it.

Social media also gives people the opportunity to see all the things we are doing as an agency. Because we’re a nonprofit charity, we rely on donations from individuals, companies, and foundations. Our social-media presence is a real-time way to keep people informed about our activities and it’s a way to promote our agency’s events.

Our website (www.vnaphilly.org) is also a tool people can use to learn about our agency, our people, and our events. Check us out!

Contact Us
For more information on our services please call:
215-473-7600
215-473-0772

Or visit us on the web at
www.vnaphilly.org.

To make a donation, please contact:
Maureen Murphy
Sr. VP for Development and Communication
215-581-2006
mmurphy@vnaphilly.org

or www.vnaphilly.org to make a donation online. Click Donate Now.

A publication of VNA Philadelphia
Walter W. Borginis, III, President and CEO/Karen Zielinski, Editor

VNA Philadelphia. The right care. Right now.

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